**Monday Thursday Friday Tuesday** Wednesday 7:15AM—MV Rotary **Breakfast Meeting** Main Hall **Teens for Teens** 12:00—1:00 Teen Tech Help Volunteering at (Main Hall) **Bonaventure** 2:30-3:30 My Stories 4 6 5 11:30— 1:30 Transitions 3:00PM-4:00PM Line 10:00-11:30AM 7:15AM-MV Rotary 10:00-11:30AM Toddler Time (Main) (Den) **Breakfast Meeting** Dancing (Den) **Toddler Time (Main)** 11:00-12:00 Knitting Group 4:15-5:00 PM Reading 12:00—2:00PM Homeschool 6:30PM-7:30PM Main Hall (Den) (Main and Den) with Love (Den) 12:00-2:00PM Homeschool 12:00—1:00 Teen Tech Help **Dance Fitness (Den)** 2:15— 4PM Arts for All 6:30—8:00PM Girl Scouts (Main) (Main Hall) 7:00PM—AA 3:00—5PM Teens for Teens 4:15— 5:00 PM Reading with **Leader Meeting (Main)** Love (Den) Wednesday Night of 6:00-7:00PM Tai Chi (Den) 2:30-3:30 My Stories 6:00-9:00PM Covington Your Life (Main) Quilters (Main Hall) 3:00—4:00PM Elementary Chess Club (Den) 11 12 13 15 14 10:00-11:30AM 3:00PM-4:00PM Line 11:30— 1:30 Transitions 10:00-11:30AM 7:15AM—MV Rotary (Den) Toddler Time (Main) Dancing (Den) **Toddler Time (Main) Breakfast Meeting** 1:00PM Veterans Memorial 6:30PM-7:30PM 12:00-2:00PM Home-12:00-2:00PM Homeschool school (Main) 4:15-5:00 PM Reading (Main and Den) Main Hall Dance Fitness (Den) 4:15— 5:00 PM Readwith Love (Den) 2:15— 4PM Arts for All 12:00—1:00 Teen Tech Help 7:00PM—AA 3:00—5PM Teens for Teens ing with Love (Den) (Main Hall) Wednesday Night of 6PM Friends N Fun (Den) Your Life (Main) 2:30—3:30 My Stories 6:00—7:00PM Tai Chi (Den) 18 19 20 22 21 3:00PM-4:00PM Line 7:15AM-MV Rotary 11:30— 1:30 Transitions 10:00-11:30AM 10:00-11:30AM (Den) Dancing (Den) **Breakfast Meeting Toddler Time (Main)** Toddler Time (Main) 4:15— 5:00 PM Reading 12:00-2:00PM Homeschool 6:30PM—7:30PM 11:00—12:00 Knitting Main Hall with Love (Den) (Main and Den) Group (Den) Dance Fitness (Den) 12:00—1:00 Teen Tech Help 2:15-4PM Arts for All 12:00-2:00PM Home-7:00PM—AA (Main Hall) 3:00-5PM Teens for Teens school (Main) Wednesday Night of 4:15— 5:00 PM Reading **6PM Friends N Fun (Main)** 2:30-3:30 My Stories with Love (Den) Your Life (Main) 1:00—5:00 PM Red Cross CPR 5:00—9:00 PM Foster Champs (Main and Den) 25

11:30— 1:30 Transitions

4:15-5:00 PM Reading with Love (Den)

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10:00-11:30AM **Toddler Time (Main)** 12:00-2:00PM Homeschool (Main and Den)

2:15— 4PM Arts for All 3:00-5PM Teens for Teens 6:00-7:00PM Tai Chi (Den)

6PM Friends N Fun (Main) 10:30-4:00 Santa Photos

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3:00PM-4:00PM Line Dancing (Den) 6:30PM-7:30PM Dance Fitness (Den) 7:00PM—AA **Wednesday Night of** Your Life (Main)





## **Greater Maple Valley Community Center**

## **Programs and Activities**

## November 2024

AA Night of Your Life — is our Alcoholics Anonymous support group on Wednesday nights in the Hall.

**Arts for All**— is an organization that works with diverse learning styles to bring art, dance and theater to its members who are differently abled to give them equitable arts. Arts for All meets every Tuesday at 2:15 PM in the Main hall.

**Chess Club** —- is a group of elementary age students who get together once a month for a chess tournament in the Den. Days and times vary based on the group. If interested ask Shayna or Jessica.

CPR First Aid— is basic life support and first aid courses certified by the Red Cross. — Last Friday of every month in the Den.

**Community Garden**— a program to support our senior lunches, the community garden welcomes any and all volunteers from master gardeners to first time diggers to learn and enjoy the beauty of the pacific northwest through gardening.

**Covington Quilters**— is a large group that gets together based off of friendship and quilts to discuss quilting charities and relatable matters and raffles off work. — Every First Thursday of the month in the Hall.

Dance Fitness— a Zumba inspired dance class with a focus on fun and fitness. Free to the public on Wednesday evenings.

Foot Care — Pedicure/footcare program for seniors provided by Karen's footcare. Appointments only available on Thursdays .

**Foster Champs**— is an organization that enables families and children who are separated by the foster system to get together to nurture and advocate for these children.— The third Thursday of every month in the Hall.

**Friends n' Fun**— is an organization that supports differently abled people who have aged out of the school system to get together to socialize and learn in a comfortable space. — Meet every 2nd, 3rd and 4th Tuesday evening.

Girl Scouts — A meeting of the leaders of the Girl Scout troops from the national organization. — On the first Monday of every month.

**Home School**— an alternative approach to normalized education, there are 2 groups, one for teens and one for younger kids. To get together and socialize and learn skills though different education. — Every Tuesday and Thursday in the Hall and Den.

**Line Dancing**— community and senior line dancing group led by Tom, everything from beginners to advanced. Every Wednesday at 3PM in the Den.

**My Stories**— Young volunteers interview senior citizens about their lives and write down their stories for family, friends and the community. Every Friday in the Main Hall.

Quilters and Knitters— the Local quilting group to socialize and go over things that were made. Every other Thursday in the Den.

**Reading With Love**— young students who need support in reading and writing are paired with a volunteer to gain the confidence and love of early education. — Every Monday and Thursday at 4:15 PM.

**Teens for Teens**— the former youth council which welcomes 12 to 17 year-olds to lead the way in volunteering in the community. — Every Tuesday at 3 PM in the Den.

Teen Tech Help— Local Teens from Tahoma offer free basic tech help to seniors and community participant's. Every Friday in the Main Hall.

Tai Chi— taught by Mathew Stone, he teaches a Varity of different mind, body and soul classes.

**Toddler Time**— early socialization group for families to bring their young children to play, socialize and learn important life skills is run entirely by parent volunteers. — Every Tuesday and Thursday at 10 AM in the Main Hall.

**Transitions**— a school based group through the Tahoma High School that helps the differently abled students learn important life skills and independent skills to succeed in the future. — Every Monday at 11:30 AM in the Den.

Santa — Free Santa meet up and photo ops. Bring your cameras and your lists!

