

Maple Valley Youth Council Rocks!

On Sept 17th the 5th annual **Battle of the Bands** rocked an audience of over 200 youth at Lake Wilderness Park. Congratulations to the band of *Natalie Murphy and TJ Grant* who took first place in the competition! Sponsored by **Maple Valley Youth Council**, Battle of the Bands is just one of many awesome programs planned and implemented by this very amazing group of local teens. If you'd like to join this dynamic youth organization, call Kristiane or Megan at 425-432-1272.



benefit Maple Valley Youth Council programs. And shoppers, don't miss this chance to find some great holiday gifts! Santa will also be available for photos with the kids!



Parents' Day Out

Need a day to relax or finish your holiday shopping? Bring the kids for fun games and crafts during Parents' Day Out on **Sunday, Dec 18th from 10am-4pm** at the Community Center! Responsible members of the Maple Valley Youth Council (under adult supervision) will care for your children ages 5-12. Lunch and snacks are provided. 1st child \$5/hr or \$25/day. 2nd child \$4/hr or \$20/day.

Snow Day

Join us for a day of sledding and fun at Mt. Rainier on **Wednesday, Dec 28th from 9am - 5pm!** Open to all 6th-12th graders, this event will take the place of Teen Drop-In that day. Bring your



sleds and lunch. We'll provide the hot chocolate!

Volunteers Needed

The GMVCC Youth Program is looking for adult volunteer drivers and chaperones for our teen field trips. Call at 425-432-1272 for more information.

Golf for Kids a Success

Thank you to BECU and all the sponsors and participants who raised \$13,000 on Sept 16th for youth programs at our 9th annual Maple Valley Rotary and GMVCC Golf Classic!

Youth Program Grants

We are pleased to announce GMVCC has been awarded a \$5000 grant from the **Muckleshoot Charitable Fund** and a \$2000 grant from the **Dupar Foundation** in support of our youth programs. Thank you to both of these organizations!



What Can I Do to Support Youth?

Create a culture free of favorable references toward alcohol or youth drinking. Current data from the Healthy Youth Survey administered by the Tahoma School District in the fall of 2004 suggest youth in Maple Valley perceive our community's norms as favorable toward drinking. We need to provide clear and consistent messages that underage drinking is not acceptable. The clearest message is given by "doing" or modeling healthy behavior toward alcohol in the presence of young people.

Help provide youth supportive infrastructures in our community. Examples include youth centers and gymnasiums. These offer much needed places for youth to congregate that are safe and supervised, with access to services such as after school programs, substance abuse intervention and mentoring to name a few.



Beat the Winter Blues with Senior Adult Programs

Join us for refreshments, games, entertainment, and a holiday feast at our annual **Christmas Party** on Wednesday Dec 21st at 11am. This is a popular event so come early to reserve your lunch!

And then on Friday Dec 30th at 11:30am be ready to bring in the new year with hats, noisemakers, munchies and games at our **New Year's Eve Party**.



Bunco is Back!

Try your luck at this very social game on Monday, Dec 5th at 1pm. Only \$5 to play! Reservation required. Refreshments provided.



AARP Events

You are invited to attend the following AARP sponsored events at the Community Center. We look forward to seeing you!

-AARP Christmas Party Monday Dec 12th from 1-3pm. Please bring an unwrapped children's gift for donation to the Maple Valley Food Bank.

-AARP Installation of Officers Monday, Jan 9th at 1pm. A representative from the city will also present an informative update on the **State of Maple Valley**.

-Valentine Dinner Dance Saturday, Feb 11th. Make reservations early for this popular AARP sweetheart event.

On Golden Pond

Join us on Saturday, Feb 4th as we travel to Issaquah to see this funny, heartwarming play. Our trip includes a matinee performance and dinner in Issaquah. Cost is \$46 for transportation and admission. We leave GMVCC at 12:45pm.

Book Lovers Unite!

Get your walking shoes and head on over for a trip to Elliot Bay Book Store. Your reading adventure begins at 10:30am on Tuesday, Jan 10th when we board our vans for the trip. The cost is \$8 for transportation. Bring money for lunch and book shopping!



Activity & Event Highlights

See inside calendar for details
Call (425) 432-1272 for more information and reservations

- 12/5 Holiday Bunco 1-3pm \$5
- 12/6 Senior Brunch at Tina's 10:45am \$4
- 12/6-12/8 Senior Trip to Victoria
- 12/7 Senior Trip Holiday Lights at Thornwood Castle and Dinner (Time TBA)
- 12/9 Family Night Movie *Polar Express*
- 12/12 AARP Holiday Party 1-2:30pm
- 12/13 Senior trip to Molback's 10am \$10
- 12/16 Performance for Seniors by Rock Creek Choir 11:15 am
- 12/16 High School Trip: Broomball
- 12/17 Craft Fair
- 12/18 Parents' Day Out
- 12/21 Senior Program Christmas Party 11 am
- 12/28 Teen Trip: A day at the snow (sledding)
- 12/30 Senior Program New Year's Party 11:30
- 1/9 AARP Meeting 1pm
- 1/6 Teen Movie Night: *The Brother's Grimm*
- 1/10 Family Night Movie *Valiant*
- 1/10 Adventure Club Session Tuesdays 4:30-6pm \$30/6weeks
- 1/10 Elliot Bay Book Company \$8 10am
- 1/12 Play & Learn Session #2 -10 Week Play Group Begins
- 1/13 Family Night Movie *Madagascar*
- 1/17 Senior Trip to Seattle Police Museum \$8 10:00 am (take \$2.70 for admission)
- 1/20 Teen Activity Night: Dance
- 1/20 & 1/23 AARP Safe Driving \$10 9:15-2:30
- 1/24 Senior Trip Out to the Movies (Leave TBA)
- 1/25 Teen Trip: Ski Day to White Pass
- 1/26 Preschool Fair 6-8pm
- 1/28 Safe Sitter Babysitting Class
- 2/3 Teen Movie Night: *Flight Plan*
- 2/4 "On Golden Pond" at the Village Theater Leave at 1:15 \$46
- 2/9 NW Flower & Garden Show \$27 10am
- 2/11 AARP Valentine Dinner Dance
- 2/13 Senior Valentine Party
- 2/14 Senior Trip to WW Seymour Botanical Conservatory. Leave at 10:am \$10
- 2/17 Teen Trip: Illuzions
- 2/17 Teen Activity Night: Concert Bands TBA

Donations of non-perishable food and holiday gifts for the Maple Valley Food Bank may be dropped off at the Community Center!

Holiday Craft Fair - Vendors Needed!

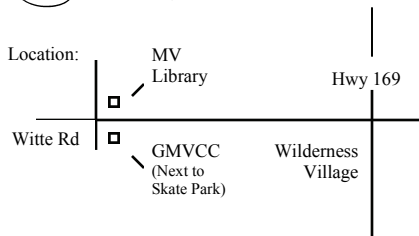
The Maple Valley Youth Council will host a Craft Fair **Saturday, Dec 17th from 10am-6pm** at the Community Center. Call 425-432-1272 to reserve your vendor table for just \$25. All proceeds from table sales will



22010 SE 248th Street, Maple Valley, WA 98038
Phone: 425-432-1272 www.maplevalleycc.org

Office Hours: Mon-Fri 8:30-5pm
See calendar for scheduled evening and weekend activities.

Snow Policy: If Tahoma Schools are closed due to winter weather, GMVCC will also be closed. Take care, bundle up, stay warm & drive safely!



- GMVCC Board of Directors**
- | | |
|-----------------|--------------------------|
| John Hunter | President |
| Denny Pierre | Vice President/Treasurer |
| Barbara Culler | Secretary |
| Terri Cayce | Board Member |
| George Dinius | Board Member |
| Barbara Kennedy | Board Member |
| Sean Stewart | Board Member |

- GMVCC Directors**
- | | |
|----------------|-------------------------|
| Lynn Roberts | Executive Director |
| Antonia Kerney | Senior Director |
| Beth Schilling | Youth & Family Director |

Don't miss out! Check our calendar of events & activities inside!

The Greater Maple Valley Community Center is a non-profit 501(c)(3) organization supported by individual citizens, foundations, corporations, United Way, the City of Maple Valley & King County.

The Greater Maple Valley Community Center enriches the quality of life in our community by providing multi-generational social, recreational and educational activities & support services.



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GMVCC Family Programs

6th Annual Preschool Fair - Free!

Looking for a preschool in the Maple Valley area? Don't know where to start? Save valuable time at our Annual Preschool Fair on **Thursday, Jan 26th from 6-8pm**. Representatives from local preschools will be here to answer questions and a directory of participating



programs will be available. Fun, hands-on activities are provided, so bring the kids!

Play & Learn with your Preschooler!

GMVCC presents a new 10-week program for parents & caregivers with their preschool children, ages 2 1/2 - 5. Structured play time with an early learning focus and facilitated parent/caregiver discussion time begins January 12th. Call 425-432-1272 to register.

Teen Center Plans Move Forward

In the 21st century world of non-profits "collaboration" is not just a good idea, it is an economic imperative. It is also about good stewardship and fulfilling our responsibility as a community. GMVCC, the City of Maple Valley Parks & Recreation, Tahoma School District and the YMCA are exploring how we can best collaborate to provide safe, healthy, FUN activities for Maple Valley youth. Despite the availability of extracurricular activities, stress has been identified by Tahoma teens as a major contributor to drinking, drugs

and thoughts of suicide. Teens need to have the opportunity for down time and diversion in a gathering place they can call their own. Through collaboration we hope to create a synergy that will leverage each organization's strengths to create a solution for our teens that is greater than what we might separately achieve. I invite you to contact me with any questions, ideas or suggestions.

Lynn Roberts
GMVCC Executive Director

Mark Your Calendars

The 2nd Annual GMVCC **Benefit Breakfast** will be held Thursday, March 30th at Maplewood Greens Golf Course!

Thanks, George!

We are pleased to recognize George Dinius of Seattle Mortgage for generously giving his time and expertise to coordinate the replacement of GMVCC's computer system at a huge cost savings. George is also a member of the GMVCC Board of Directors, Rotary and the Chamber of Commerce.



Calendar of Events

December 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<p>Need that perfect holiday gift? Support GMVCC Programs Dine, Shop, Travel & Save with the Entertainment® Book! The New 2006 Entertainment Books are Now Available! Up to \$10,000 savings for the cost of a \$30 book.</p>			<p>Toddler Time 9:30-11:30am Play & Learn 1-2:30pm Yo! @ CRMS 3:15-5:15pm</p>	<p>Senior Program 9:30am-2:30pm Painting 1-4pm GH Toddler Time 9:30-11:30am No Teen Movie Night Tonight</p>		
4	<p>Senior Program 9:30am-2:30pm Seniors Making Art 9:30-11:30am Holiday Bunco 1-3pm GH Toddler Time 9:30-11:30am Teen Drop In 3-6pm Youth Council 7-8pm</p>	<p>Senior Adult Trip: Victoria-3 days Senior Adult Trip: Brunch at Tina's Leave 10:45am Toddler Time 9:30-11:30am Yo! @TMS 3-5pm Adventure Club 4:30-6pm</p>	<p>Senior Program 9:30am-2:30pm Senior Adult Trip: Holiday Lights at Thornwood Castle Leave TBA Teen Drop In 3-6pm</p>	<p>Toddler Time 9:30-11:30am Play & Learn 1-2:30pm Yo! @ CRMS 3:15-5:15pm</p>	<p>Senior Program 9:30am-2:30pm Painting 1-4pm GH Toddler Time 9:30-11:30am Family Night 6:30-9:30 "The Polar Express"</p>	10	
11	<p>Senior Program 9:30am-2:30pm Seniors Making Art 9:30-11:30am AARP Meeting Holiday Party and Entertainment 1-2:30pm GH Toddler Time 9:30-11:30am Teen Drop In 3-6pm Youth Council 7-8pm</p>	<p>Senior Adult Trip: Molback's leave 10am Toddler Time 9:30-11:30am Yo! @TMS 3-5pm Adventure Club 4:30-6pm</p>	<p>Senior Program 9:30am-2:30pm Birthday Celebration Teen Drop In 3-6pm</p>	<p>Toddler Time 9:30-11:30am Yo! @ CRMS 3:15-5:15pm</p>	<p>Senior Program 9:30am-2:30pm Bingo at 10am! Rock Creek Choir 11:15am Painting 1-4pm GH Toddler Time 9:30-11:30am No Teen Activity Night High School Trip: BroomBall</p>	<p>Craft Fair with Santa Pictures 10am - 6pm</p>	17
18	<p>Senior Adult Trip Singing Christmas Tree and Dinner at Salty's Leave TBA Parents' Day Out 10-4</p>	<p>Senior Program 9:30am-2:30pm Lake Wilderness Elementary Choir GH Toddler Time CLOSED Teen Drop In 3-6pm Youth Council 7-8pm</p>	<p>Toddler Time 9:30-11:30am Yo! @TMS Cancelled Today</p>	<p>Senior Program 9:30am-2:30pm Bingo at 10am Christmas Party 11:00am Teen Drop In 3-6pm</p>	<p>Toddler Time CLOSED Yo! @ CRMS Cancelled Today</p>	<p>23</p> <p>CLOSED FOR HOLIDAY</p>	24
25	<p>CLOSED FOR HOLIDAY</p>	<p>Toddler Time CLOSED Yo! @TMS Cancelled Today</p>	<p>27</p> <p>NO SENIOR PROGRAM Teen Trip: Day at the Snow Teen Drop In Cancelled Today</p>	<p>Toddler Time CLOSED Yo! @TMS Cancelled Today</p>	<p>Senior Program 9:30am-2:30pm Bingo at 10:30am New Year's Eve Party 11:30am Painting 1-4pm GH Toddler Time CLOSED</p>	31	

Calendar of Events

January 2006

1	<p>CLOSED FOR HOLIDAY</p> <p></p>	<p>Toddler Time 9:30-11:30am Yo! @TMS Cancelled</p>	<p>Senior Program 9:30am-2:30pm Teen Drop In 3-6pm</p>	<p>Toddler Time 9:30-11:30am Yo! @ CRMS 3:15-5:15pm</p>	<p>Senior Program 9:30am-2:30pm Painting 1-4pm GH Toddler Time 9:30-11:30am Teen Movie Night: The Brother's Grimm 7-10pm</p>	7	
8	<p>Senior Program 9:30am-2:30pm AARP Meeting 1-2:30pm GH Toddler Time 9:30-11:30am Teen Drop In 3-6pm Youth Council 7-8pm</p>	<p>Toddler Time 9:30-11:30am Yo! @TMS 3-5pm Adventure Club 4:30-6pm Senior Adult Trip: Elliot Bay Book Store Leave 10am</p>	<p>Senior Program 9:30am-2:30pm Teen Drop In 3-6pm</p>	<p>Toddler Time 9:30-11:30am Play & Learn 1-2:30pm Yo! @ CRMS 3:15-5:15pm</p>	<p>Senior Program 9:30am-2:30pm Painting 1-4pm GH Toddler Time 9:30-11:30am Family Night: 6:30-9:30pm "Madagascar"</p>	14	
15	<p>CLOSED FOR HOLIDAY</p>	<p>Senior Adult Trip: Police Museum Leave at 10:00 Toddler Time 9:30-11:30am Yo! @TMS 3-5pm Adventure Club 4:30-6</p>	<p>Senior Program 9:30am-2:30pm Birthday Celebration Teen Drop In 3-6pm</p>	<p>Toddler Time 9:30-11:30am Play & Learn 1-2:30pm Yo! @ CRMS 3:15-5:15pm</p>	<p>Senior Program 9:30am-2:30pm AARP Safe Driving 9:15-2:30pm Painting 1-4pm GH Toddler Time 9:30-11:30am Teen Activity Night: Dance 7-10pm</p>	21	
22	<p>Senior Program 9:30am-2:30pm AARP Safe Driving 9:15-2:30pm GH Toddler Time 9:30-11:30am Teen Drop In 3-6pm Youth Council 7-8pm</p>	<p>Senior Trip: Out to the Movies Leave TBA Yo! @TMS 3-5pm Adventure Club 4:30-6pm</p>	<p>Senior Program 9:30am-2:30pm Teen Trip- Skiing @ White Pass Time-TBD</p>	<p>Toddler Time 9:30-11:30am Play & Learn 1-2:30pm Yo! @ CRMS 3:15-5:15pm PRE-SCHOOL FAIR 6-8pm</p>	<p>Senior Program 9:30am-2:30pm Painting 1-4pm GH Toddler Time 9:30-11:30am</p>	<p>Safe Sitter Babysitting Class 9-4pm</p>	28

Calendar of Events

February 2006

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
JANUARY 29	<p>Senior Program 9:30-2:30pm GH Toddler Time 9:30-11:30am Teen Drop In 3-6pm Youth Council 7-8pm</p>	<p>Toddler Time 9:30-11:30am Yo! @TMS 3-5pm Adventure Club 4:30-6pm Strengthening Families 6:30-9pm</p>	<p>Senior Program 9:30am-2:30pm Teen Drop In 3-6pm</p>	<p>Toddler Time 9:30-11:30am Play & Learn 1-2:30pm Yo! @ CRMS 3:15-5:15pm</p>	<p>Senior Program 9:30am-2:30pm Painting 1-4pm GH Toddler Time 9:30-11:30am Teen Movie Night: "Flight Plan" 7-10pm</p>	<p>Senior Adult Trip: Issaquah Theatre "On Golden Pond" Leave 1pm</p>	4
5	<p>Senior Program 9:30-2:30pm GH Toddler Time 9:30-11:30am Teen Drop In 3-6pm Youth Council 7-8pm</p>	<p>Toddler Time 9:30-11:30am Yo! @TMS 3-5pm Adventure Club 4:30-6pm Strengthening Families 6:30-9pm</p>	<p>Senior Program 9:30am-2:30pm Teen Drop In 3-6pm</p>	<p>Senior Adult Trip: Seattle Flower & Garden Show Leave 10am Toddler Time 9:30-11:30am Play & Learn 1-2:30pm Yo! @ CRMS 3:15-5:15pm</p>	<p>Senior Program 9:30am-2:30pm Senior Painting 1-4pm GH Toddler Time 9:30-11:30am Family Night 6-9:30: "Valiant"</p>	<p></p>	11
12	<p>Senior Program 9:30-2:30pm Valentine's Party 11am AARP Meeting 1pm GH Toddler Time 9:30-11:30am Youth Council 7-8pm</p>	<p>Senior Adult Trip: WW Seymour Botanical Conservatory Leave 10am Toddler Time 9:30-11:30am Yo! @TMS 3-5pm Adventure Club 4:30-6pm Strengthening Families 6:30-9pm</p>	<p>Senior Program 9:30am-2:30pm Birthday Celebration Teen Drop In 3-6pm</p>	<p>Toddler Time 9:30-11:30am Play & Learn 1-2:30pm Yo! @ CRMS 3:15-5:15pm</p>	<p>Senior Program 9:30am-2:30pm Painting 1-4pm GH Toddler Time 9:30-11:30am Teen Activity Night: Concert Bands TBA 7-10pm Teen Trip: Illuzions Time: TBA</p>	18	
19	<p>CLOSED FOR PRESIDENTS' DAY</p>	<p>Toddler Time 9:30-11:30am Yo! @TMS Cancelled Today</p>	<p>Senior Program 9:30am-2:30pm Teen Drop In 3-6pm</p>	<p>Toddler Time 9:30-11:30am Play & Learn 1-2:30pm Yo! @ CRMS Cancelled Today</p>	<p>Senior Program 9:30am-2:30pm Painting 1-4pm GH Toddler Time CLOSED</p>	25	
26	<p>Senior Program 9:30am-2:30pm Teen Drop In 3-6pm Youth Council 7-8pm</p>	<p>Toddler Time 9:30-11:30am Yo! @TMS 3-5pm Adventure Club 4:30-6pm Strengthening Families 6:30-9pm</p>	<p></p>	<p>The Community Center's 3000 square foot hall and full service kitchen are available for rental! Visit www.maplevalleycc.org for fees and information.</p>			

Program Descriptions

Senior Adult Program MWF 9am to 2:30pm @ GMVCC Drop-in for fresh-brewed coffee and conversation! Join in a game or just relax with a good book in our new library . We look forward to seeing you!

- **Games** - Cards, Mexican train, cribbage, puzzles 9-11am
- **BP Checks**-1st, 2nd, 3rd Mon 11am
- **Yoga** - Wednesday 10am
- **Bingo** - Wed & Fri 11am; (times vary on party days)
- **Needles & Hooks** - Wednesday 11am
- **Bridge** - Fridays 9 am
- **Senior Lunch** - 12 noon MWF. (Suggested donation \$3)
- **Birthday Party** - 3rd Wed of each month; Senior Program buys lunch for registered Seniors with birthdays

- Classes** - See *Voice of the Valley* for current offerings.
- **AARP Safe Driving** - 8-hr Class on WA driving laws
 - **Painting** - Friday classes from 1:00-4:00
 - **Stained Glass** - 6 week courses offered by *Seniors Making Art* as funding permits

Senior Trips - Prices vary and must be paid upon reservation. Trips include a meal stop. Call for cancellation policy.

Foot care - Routine care by Visiting Nurses 2nd and 4th Fri by appt: \$25. Assistance is available for those who qualify.

AARP Chapter Meeting - 2nd Mon of each month at 1pm

Senior Rights Assistance - Answers to insurance questions; by appointment only 3rd Wed of each month

Meals on Wheels - Frozen meals for those 60+ or with disabilities & home-bound; suggested donation:\$3/meal.

YO! - Maple Valley Youth Opportunity Program: Implementing **All Stars Prevention Program** and organized recreation; snacks provided. Come enjoy the FUN! Transportation home provided by GMVCC. Parent permission required.

- **At Tahoma Middle School** Tues 3:00- 5:00pm
 - **At Cedar River Middle School** Thurs 3:00- 5:00pm
- Teen Drop In** - MW 3-6pm Play video games, foosball, use our computer lab or just hang-out. Snacks provided. Get a bus pass to come after school to GMVCC. **FREE**

Teen Activity Nights - 1st & 3rd Fridays-Starts in October 7-10pm. Movies on our huge screen, Karaoke/Open Mic, concerts, & more! **FREE** - Bring \$ for snacks!

YO! Trips - Once per month. Time/ Date: TBA. Minimal fee; transportation included. Pre-registration required. Call Megan or Kristiane for more information.

DateWise - Dating violence awareness program now recruiting for teen volunteer peer educators. Contact Megan or Kristiane for application information.

Youth Council - Make a difference in your community! Recruiting now for new members. Open to teens, grades 8-12, residing in the Tahoma School District. Contact Megan or Kristiane for application information.

Babysitting Class - Safe Sitters is a child care course developed especially for 11 to 13-year-olds. Become a great and safe babysitter! Saturday 9am-4pm January 28th OR March 25th. \$30

Adventure Club - For 1st-5th graders! Tuesdays 4:30-6:00pm. Art, movies, science projects, cooking and special events!

Session 1: January 10th - February 14th
 Session 2: February 28th-April 4th
 \$30/6 weeks: Pre-register by calling 425-432-1272.

Toddler Time - 9:30-11:30am. Drop-in play for parents and caregivers with children ages 0-5.
 • Mon & Fri Gracie Hansen next to Ravensdale Park (\$2/family) *Closed 12/19 & TSD holidays.*
 • Tue & Thurs GMVCC (\$1/family) *Closed 12/22,26 & 28*

Preschool Play & Learn -Thursdays, 1- 2:30pm For parents/caregivers with their preschool children ages 3-5. Structured play time & facilitated parent/caregiver discussion time. Pre-register: 1/12-3/23, \$30.

Family Night - Every 2nd Friday! 6:30-9:30pm. Dinner, craft, and theater-style movie. \$2.50/child and \$5/adult. Movies: 12/9 "The Polar Express", 1/13 "Madagascar", 2/10 "Valiant".

Parent/Caregiver Classes: See *Strengthening Families* on page 1. *Ready to Read* coming in March.

Home School Support Group - For information contact Cathy Hilde (425) 413-1609.

Foster Parent Support Group - For information contact Elizabeth Rich at (425) 432-6107.

"BRIDGES" IEP Parent Support Group - For information contact Sara Lundin at (425) 432-1366.